










# Waste-Free Lunch Checklist:



- ❑ Reusable Lunch Box 
- ❑ Reusable containers 
- ❑ Reusable forks and spoons 
- ❑ Reusable water bottle 
- ❑ Fresh fruit and vegetables 
- ❑ Don't bring more food than you can eat 
- ❑ If you have waste, make sure the packaging is recyclable. 
- ❑ Ice pack to keep leftovers fresh 